

RATE SHEET

Private Pay Counseling Services

Initial Assessment	\$150 for 60-minute session
Individual Routine Follow-up Therapy	\$125 for 45-minute session
Eye Movement Desensitization and Reprocessing (EMDR)	\$150 for 60-minute session
Emotionally Focused Therapy (EFT) for Couples or Family	\$175 for 60-minute session
Active Duty Military/Dependents, & Veterans Discount	20% on all services
Late Cancellation	Full Session Fee for cancellation within 24 hours of appointment. Email notification is acceptable within the specified timeframe.
No Show Appointment Fee	Full Appointment Fee

Payment

Cash, check and credit or debit cards are accepted for payment.

Insurance Based Counseling Services

Optima Insurance:

Candice is currently paneled only with Optima Insurance not provided through Medicare or Medicaid.

Other Insurance Plans:

If Candice is not paneled with your insurance provider and you prefer to use your insurance, she will be considered an out-of-network provider. You will be charged the private pay rates and will be provided, upon request, with a monthly superbill for services to submit to your insurance carrier for reimbursement.